

Membership Process

Each person needs a membership form.

- a) Mail your membership form with a cheque or money order for your membership fees made payable to: **RBDC, Box 3787 REGINA SK S4P 3N8**
- b) For Fall Registration please bring your membership form to Registration Night:
 Date: **Wednesday, September 7, 2011**
 Time: **7:00 – 9:00 p.m.**
 Location: **Austrian Club, 320 Maxwell Crescent, Regina.**
- c) For the Winter Session please mail in your registration form as soon as possible, or attend Registration Night **January 7, 2012**, between **7:30 - 9:00 pm at Lakeview United Church**. You may also register during the first week of classes, but we prefer you mail in your registration form in order to help plan and accommodate for the number of people in each class.

Pick up your membership card, nametag and receipt for membership fees at the Registration Night or at your first dance class.

2011 / 2012 CLASS DATES

Fall Membership	Winter Membership
Registration: Wednesday, September 7, 2011 7-9 p.m. Austrian Club	Registration: Saturday, January 7, 2012 7:30 - 9:00 p.m. Lakeview United Church
Week 1: Sept. 19 - 22	Week 11: Jan. 9 - 12
Week 2: Sept. 26 - 29	Week 12: Jan. 16 - 19
Week 3: Oct. 3 - 6	Week 13: Jan. 23 - 26
Break: Oct. 10 -13	Week 14: Jan. 30 - Feb. 2
Week 4: Oct. 17 - 20	Week 15: Feb. 6 - 9
Week 5: Oct. 24 - 27	Week 16: Feb. 13 - 16
Week 6: Oct. 31 - Nov. 3	Break: Feb 20 - 23
Break: Nov. 7 - 10	Week 17: Feb. 27 - Mar. 1
Week 7: Nov. 14 - 17	Week 18: Mar. 5 - 9
Week 8: Nov. 21 - 24	Week 19: Mar. 12 - 15
Week 9: Nov. 28 – Dec.1	Week 20: Mar. 19 - 22
Week 10: Dec. 5 - 8	Finished: Semester 2 ends
Break: Dec. 12, 2011 - Jan. 8, 2012	

WEEK-NIGHT PRACTICE TIMES (all practice sessions are ½ hour)

Practice sessions are provided during instructional weeks:

Monday, Tuesday, Wednesday, Thursday 7:30 p.m. & 10:00 p.m. at Austrian Club;

Monday 7:30 p.m. & 10:00 p.m. at Lakeview United Church.

Choosing Your Class

It is recommended that members stay at each level for two years or more to learn all the steps and refine their dance technique before progressing to the next level. **All classes are one hour long.**

- BEGINNERS** Open to anyone interested in learning to dance. No previous dance experience is necessary.
Semester 1: Foxtrot, Swing, Rumba, Polka
Semester 2: Cha Cha, Waltz, Two Step, Merengue
- INTERMEDIATE 1** Basic dance steps need to be “automatic”. Other steps taught in Beginners should be well known since this class builds on the material introduced in the Beginners program. Good frame should be in place. *Tango* and *Samba* is introduced.
Semester 1: Foxtrot, Swing, Rumba, Tango
Semester 2: Cha Cha, Waltz, Samba, Two Step
- INTERMEDIATE 2** Members should know the material from the two previous levels since this class builds on those dance steps. *Mambo* and *West Coast Swing* are introduced.
Semester 1: Foxtrot, Swing, Rumba, Mambo, Tango
Semester 2: Cha Cha, Waltz, Samba, West Coast Swing, Two Step
- INTERMEDIATE 3** Members should be comfortable with material from the three previous levels and be looking to “fine tune” their dancing. Members will learn new steps, step amalgamations, and styling techniques plus work on “good mechanics”.
Semester 1: West Coast Swing, Foxtrot, Rumba, Mambo
Semester 2: Cha Cha, Tango, Waltz, Samba, Swing
- ADVANCED** Intended for serious dancers. Members should be comfortable with material from all previous levels. Members will learn new steps and step amalgamations plus work on styling and mechanics.

Semesters 1 & 2: Predominately Ballroom dances. Other current popular dances may be taught

Membership Benefits

RBDC members are entitled to:

- **One hour of dance instruction per instruction week** (10 hours each semester)
- Attend any or all week-night practice sessions (free) and Saturday practice dances (\$2.50 per member)
- Purchase tickets to club dances at member prices
- Receive the club newsletter *The Ballroom Biz*
- Attend and vote at the Annual General Meeting
- Be eligible to hold office on the Board of Directors